

What is Integral?

Who is Ken Wilber and Why Should We Care?


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A bio-psycho-social Philosophy of Everything

- The term **Integral** as a contrast to ultra specialization and fragmentation
- Why are theories so different?
- Who's wrong? Everybody is partial!

Synthesis of multiple perspectives

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What is Integrated? AQAL

- All Quadrants of human existence
- All Levels of Development
- Multiple Lines of Development
- Different Types of People

Complex Interplay between Biology & Psychology within Social/Cultural Contexts

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Quadrants – AQAL Model

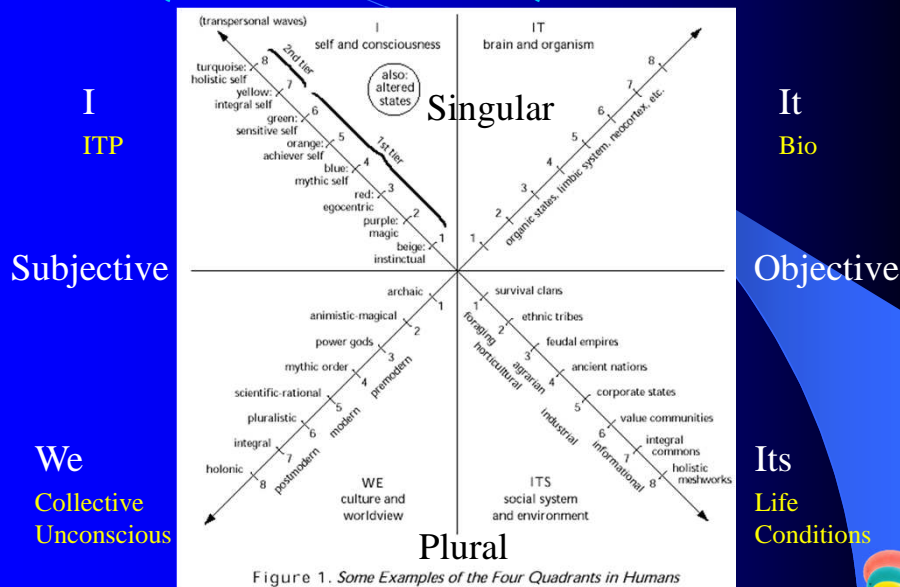


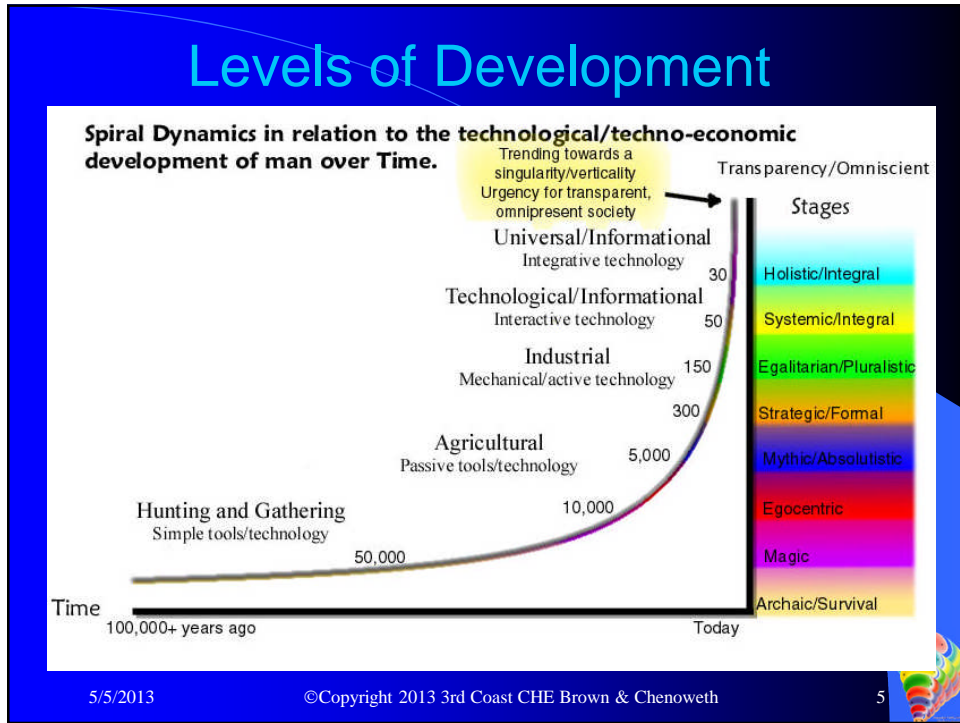
Figure 1. Some Examples of the Four Quadrants in Humans

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Moving Through Developmental Stages Clear Consensus

Cycles of Change
I:ME:MINE WE:US:OUR
Individual focus Collective focus
Ratchets Toward Complexity
I-T E-F
Emergent Cyclic Levels of Existence


- A theory of step-wise cognitive development
 - Graves, Beck, Cowan
 - Kegan/Piaget/Garvey-Berger
 - Elliott Jaques
- Bio-Psycho-Social-Neuro Development
- Personal & Group
- Integral Model
 - Ken Wilber

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Lines of Development

Increasing Ability to Take Perspective
and Deal with Complexity


- Cognitive – Kegan
- Spiritual SQ – Wigglesworth
- Cultural – Beck
- Organizational – Jaques
- Moral – Kohlberg
- Emotional EQ – Goleman

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Types of People

- Extraverts vs Introverts (E-I)
- Planners vs Spontaneous (J-P)
- Global vs Detailed (N-S)
- Thinking vs Feeling (T-F)

- Feminine vs Masculine
- Active (agentic) vs Receptive (informing)

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Integral Questions

**What is the difference between
“Integrally Informed” vs.
“Integrally Transformed”?**

- **2nd Tier**
- **PostModern**
- **Modern**


**Traditional
Adolescence
Child**

Cycles of Change
I:ME:MINE WE:US:OUR

Individual focus Collective focus

Ratchets Toward Complexity

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“Momentous Leap”

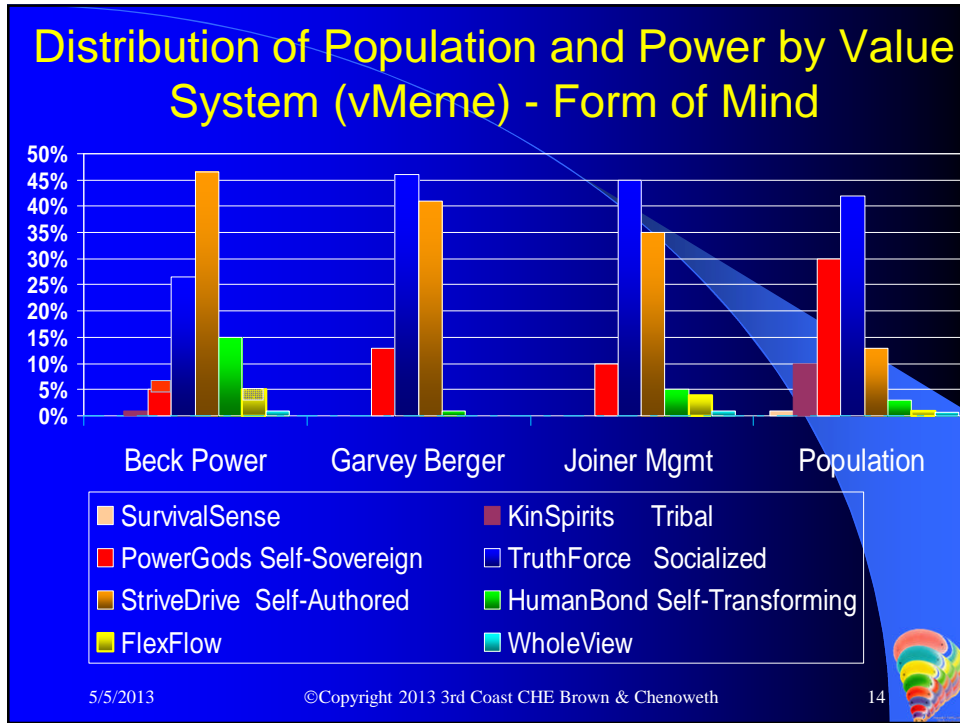
**Ken talked about the tipping point of
having a certain amount of
consciousness at any transitional level.**

**Where are these people who fit the
Integral profile?**

**What happens to the 80 to 90%
outside of that definition?**

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- ## So why should we care about Integral Theory?
- Personal Transformation
 - Cultural Transformation
 - Coping with Complexity
 - Thriving in the coming transition
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